Mothers’ Day Stall

All students will have the opportunity to purchase a gift for mum at our special Mothers’ Day stall. Gifts will range in price from $1 to $7 and students will be able to buy more than one item. We recommend that students bring a maximum of $10 to spend!

The stall will be ‘open’ on Friday 9th May!

You can do it ……..

Our new Foundation is **RESILIENCE**.

**Resilience means ……..**

- Not getting extremely angry, worried, or down.
- Calming down when I do get upset.
- Not fighting and staying away from people when I am very upset.
- Bouncing back to work or play.

Our Star Student focus is on **using positive self-talk**. As always, we will announce our Star Students at Friday’s Assembly.

Friday Assemblies

Remember that we finish each week in the hall with Friday Assembly which is run by our student leaders.

We have a roster for students to present some work as follows:

- Friday 2nd and 23rd May—5/6H, 9th and 30th May—2/3/4M, 16th May and 13th June—F/1G.

Come along to join us—it’s a lovely way to end the week together!

Have a great week everyone!

Marg Millard
Principal
Parents’ Club News

This term’s commitments:

1. **Mothers’ Day Raffle**
   - Please send along an item for the prize baskets ASAP.
   - Selling Mother’s Day Raffle tickets outside TattsLotto on Saturday 3rd May for an hour or so…..we would like to have helpers there from 9am to 12 noon. Please let Di know if you can go on the roster.
   - Selling tickets outside TattsLotto on Saturday 3rd May for an hour or so…..we would like to have helpers there from 9am to 12 noon. Please let Di know if you can go on the roster.
   - Finalise sale of tickets and return to office by Monday 5th May.
   - Working bee to break up and fold raffle tickets Monday 5th May at 2.30pm in staffroom—kettle will be on!
   - Come to Friday Assembly on May 9th for the raffle draw!

2. **Next Meeting**
   - Monday 12th May at 2.30pm in the staffroom. Please come along and get involved. Have a cuppa and lend a hand!

3. **School Cross Country**
   - Buy and cut up oranges for the students as they finish their long and exhausting run! We have a parent volunteer for this job—thank you Angela!

4. **Dominoes’ Pizza Lunch**
   - Put up your hand if you can help with this special lunch on Wednesday 4th June.

5. **Undercover Garage Sale and Indoor Market**
   - Our major fundraiser for Term 2 to be held on Saturday 14th June at school 9am to 2pm.
     - Book a stall to sell your own treasures or donate items for the school stalls….....old books and toys, household items, shed stuff!!!!!
     - Maybe you would like a stall to sell things you make or grow such as knitted toys or beanies, handmade cards, craft work, cakes, potted seedlings, bunches of flowers, art work, etc..
     - Stalls cost only $10 and can be under the shed or in the hall.

   We are aiming to buy additional iPads for the students to use in class (at the moment there are only 10 iPads for 69 students).

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**IMPORTANT DATES FOR THIS WEEK**

- **Wednesday 30th April** - Parent/Teacher Conversations - no school for students
- **Thursday 1st May** - GRIP Leadership Day - school captains and vice captains going

**BOOK CLUB**

The next issue of book club will be sent home tomorrow.
Orders must be returned by next **Tuesday, 6th May**.

**THREE FOR ME – A HELPING HAND**

Today your child will bring home the Three for Me – Helping Hand invitation and pledge cards for parents/carers or older siblings…….

Please read the letter, then complete the Pledge Cards and return them to school ASAP.

Even those of you who have already started your volunteering can fill in a Pledge Card.

**Remember many hands make light work!**

**Job list:**

- Cut out ‘Helping Hands’
- Sell raffle tickets on Saturday morning
- Break up and fold raffle tickets next Monday
- Harvest the carrots from the garden and wash them so that the students can eat them!

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Supervision of students in the playground takes place at the following times on all school days:

- 8.45am to 9am, 11am to 11.30am, 1.40pm to 2.20pm, and 3.20pm to 3.30pm
**Well Being Corner - Julie’s Jottings...**

This term we have a focus on developing RESILIENCE in our students. As a part of this we will talk with the students more about what bullying is and is not, what options they have if they feel they are being bullied and promoting a school environment where

**Bullying** is repeated verbal, physical, social or psychological behaviour that is **harmful** and involves the **misuse** of power by an individual or group towards one or more persons. It can have long-term effects on those involved.

Bullying can happen:

- Face-to-face (e.g. pushing, tripping, name-calling)
- At a distance (e.g. spreading rumours, excluding someone)
- Through information and communications technologies (e.g. use of SMS, email, chat rooms).

Some conflicts between children are a normal part of growing up and are to be expected. These conflicts or fights between equals and single incidents are not considered bullying, even though they may be upsetting and need to be resolved.

Identifying bullying can sometimes be difficult. Bullying is often conducted out of sight of teachers and children may be reluctant to report bullying.

As a school community we will be placing “Bullying Boxes” in each classroom so that students have an avenue of reporting bullying behaviour without being seen to be ‘dobbing’. If your child comes home and shares that they are being bullied, please let someone at the school know so that we can work through it together.

**Julie Holliday**  
PSPS Well Being Officer  
holliday.julie.m@edumail.vic.gov.au

**SCHOOL CROSS COUNTRY**

The school cross country event will be conducted on **Friday, 16th May**.

It’s time for students to think about doing some training for this event, eg, walking, running, riding the bike, etc.

**LIVING WITH TEENS**—A three week program for parents of 10—15 year olds.

Living with Teens will:

- Help parents understand and cope better with the challenges of early adolescence.
- Provide parents with information and skills for developing and maintaining trusting, positive relationships with their young adolescents.

During sessions, parents have the opportunity to discuss and practice a range of strategies and ideas, including adolescent development, connecting and communicating, negotiating boundaries, solving problems, setting effective limits, and parent self-care.

This program will be conducted on Tuesdays—29th April, 6th & 13th May, from 9.30am to 12noon at Centacare in Warrnambool.

There is no cost for this program.

For enquiries and bookings, contact Angela on 55593000 as soon as possible.
Portland Secondary College
Year 7 2015
Student Open Day Program
Tuesday 20th May

Come and see why most of last year’s Grade 6 students selected Portland Secondary College!

Information Evening and Scholarship Testing
Tuesday May 20th
6.30-7.30pm Global Learning Centre

- Scholarship testing commences at 6.30pm sharp.
- All scholarship information and materials will be supplied on the night.

Come along and meet the Principal, Mrs Toni Burgoyne, Year 7 Level Manager, Mrs Nancy Outrtram and our Transition Coordinator, Ms Kirsten Mitchell and talk to current Year 7 students about their experiences, investigate our curriculum and tour our extensive grounds and facilities.

Parenting Programs—Warrnambool

1-2-3 Magic and Emotion Coaching
A 3 session program for parents and Carers which focuses on how to discipline without arguing, yelling or smacking; How to sort behaviour; How to handle challenging and testing behaviours; and using emotion coaching to encourage good behaviour.

Dates: Mondays 12th, 19th, 26th May
Time: 9.30am – 12pm
Location: Children’s Services Centre,
550-600 Raglan Pde Warrnambool

Cost: Free
Contact: Children’s Services Centre
Ph: 5559 4747

Aussie Hoops
The Portland Basketball Stadium will be running Aussie hoops in term 2.
Registration night for Aussie hoops will be Thursday 1st of May 4.30pm to 5.30pm. Registration is $70 every child will receive a Bag, Ball and Tshirt and a 8 week Program. Aussie hoops will begin on Thursday 8th of May at 4.15pm.
For Further information please contact the stadium on 0355232884 or 0439691551

Bayview College
To find out more about Bayview College and all it has to offer why not take the opportunity to come on a guided tour—
Saturday 3 May 10-11.00am

We tailor personal trial days at Bayview for students who wish to experience an individual program. We invite you to contact Bayview today on 5523 1042.

Portland Hockey Club will be running a junior mixed hockey competition for 11 years and under on Saturday mornings this Term. Equipment and coaching provided. No previous hockey experience necessary.

If you are interested in playing in a team late registrations will be taken at 8:30am on Sat 3rd May at Flinders Park or by contacting Mick at mmorrow1@bordernet.com.au or on 0415305334.

Control Alt Delete - Family Performance (see attached flyer).

Control Alt Delete is a truly unique performance featuring 16 highly skilled young artists from the Flying Fruit Fly Circus, aged between 10 and 18. Under the dynamic direction of award winning director and choreographer Jodie Farrugia, this work brings together circus, physical theatre and dance to present an athletic, entertaining and touching piece of contemporary circus with emotion and meaning at the heart of every trick. “Their circus skills are right up there with the best. What’s more, the Flying Fruit Flies bring a priceless quality of sheer joy and youthfulness to their performances.” The Age